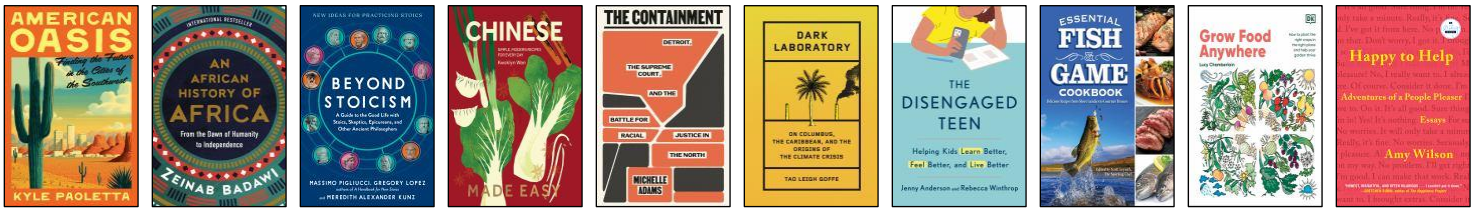
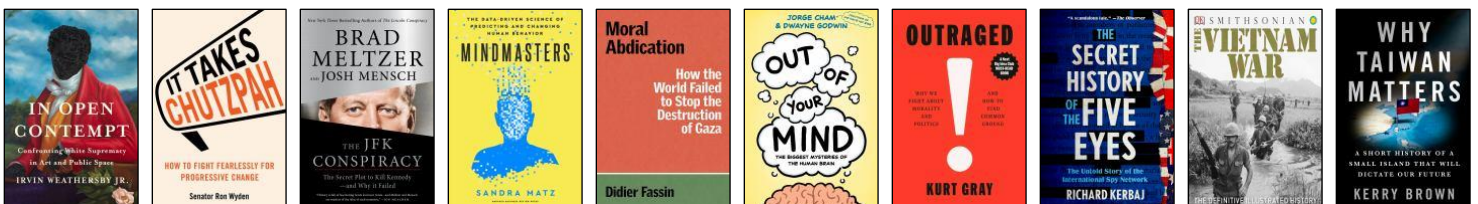


## NON-FICTION TITLES BEING PUBLISHED IN JANUARY 2025



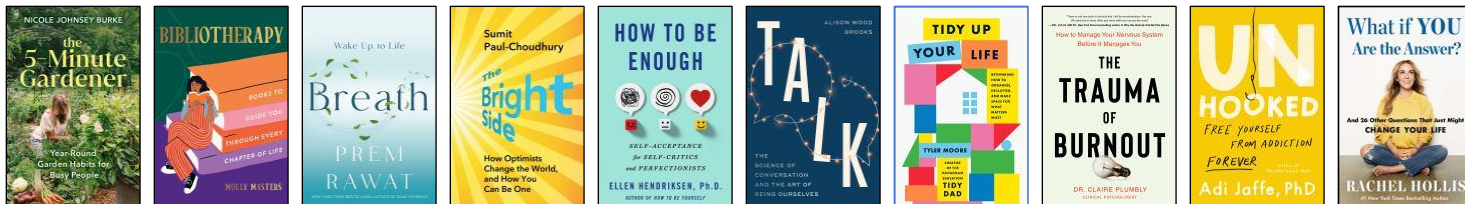
- American Oasis: Finding the Future in the Cities of the Southwest** by Kyle Paoletta
- An African History of Africa: From the Dawn of Humanity to Independence** by Zeinab Badawi
- Artist's Way Toolkit: How to Use the Creative Practices** by Julia Cameron
- Beyond Stoicism: A Guide to the Good Life with Stoics, Skeptics, Epicureans, and Other Ancient Philosophers** by Massimo Pigliucci
- Black in Blues: How a Color Tells the Story of My People** by Imani Perry
- Chinese Made Easy: Simple, Modern Recipes for Every Day** by Kwoklyn Wan
- Containment: Detroit, the Supreme Court, and the Battle for Racial Justice in the North** by Michelle Adams
- Crazies: The Cattleman, the Wind Prospector, and a War Out West** by Amy Gamerman
- Dark Laboratory: On Columbus, the Caribbean, and the Origins of the Climate Crisis** by Tao Leigh Goffe
- Disengaged Teen: Helping Kids Learn Better, Feel Better, and Live Better** by Jenny Anderson
- Essential Fish & Game Cookbook: Delicious Recipes from Shore Lunches to Gourmet Dinners** by Scott Leysath
- Forgotten Sense: The New Science of Smell--And the Extraordinary Power of the Nose** by Jonas Olofsson
- Grow Food Anywhere: How to Plant the Right Crops in the Right Places and Help Your Garden Thrive** by Lucy Chamberlain
- Happy Healthy Plant-Based Cookbook: 75+ Colorful Recipes to Nourish Your Whole Body, Feed Your Family, and Have Fun Along the Way** by Dusty Stanczyk
- Happy to Help: Adventures of a People Pleaser** by Amy Wilson
- In Open Contempt: Confronting White Supremacy in Art and Public Space** by Irvin Weathersby
- It Takes Chutzpah: How to Fight Fearlessly for Progressive Change** by Ron Wyden
- JFK Conspiracy: The Secret Plot to Kill Kennedy--And Why It Failed** by Brad Meltzer
- Mindmasters: The Data-Driven Science of Predicting and Changing Human Behavior** by Sandra Matz
- Moral Abdication: How the World Failed to Stop the Destruction of Gaza** by Didier Fassin
- Out of Your Mind: The Biggest Mysteries of the Human Brain** by Jorge Cham
- Outraged: Why We Fight about Morality and Politics and How to Find Common Ground** by Kurt Gray
- Righteous Strife: How Warring Religious Nationalists Forged Lincoln's Union** by Richard Carwardine
- Secret History of the Five Eyes: The Untold Story of the International Spy Network** by Richard Kerbjaj
- Sinners All Bow: Two Authors, One Murder, and the Real Hester Prynne** by Kate Winkler Dawson
- Somewhere Toward Freedom: Sherman's March and the Story of America's Largest Emancipation** by Bennett Parten
- Vietnam War: The Definitive Illustrated History** by DK Publishing
- Why Taiwan Matters: A Short History of a Small Island That Will Dictate Our Future** by Kerry Brown
- Wiseguys and the White House: Gangsters, Presidents, and the Deals They Made** by Eric Dezenhall



Turn page over for more titles – titles may be available in other formats, such as large print, eBook, and audiobook. Please click the [catalog link here](#) or ask a librarian.



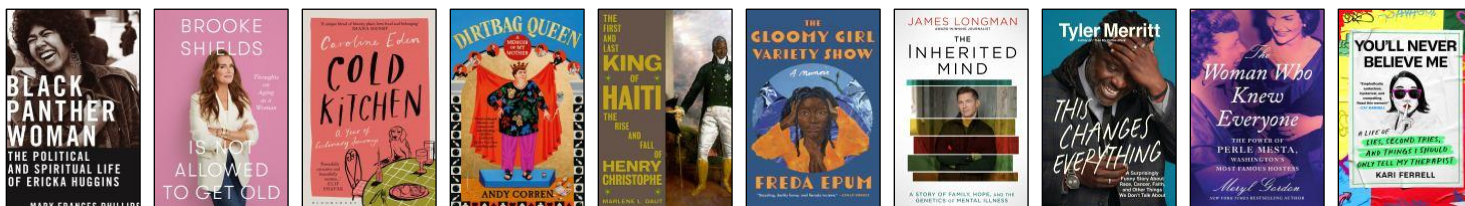
## NEW YEAR, NEW YOU TITLES COMING IN JANUARY 2025



- 5-Minute Gardener: Year-Round Garden Habits for Busy People** by Nicole Johnsey Burke
- Bibliotherapy: Books to Guide You Through Every Chapter of Life** by Molly Masters
- Breath: Wake Up to Life** by Prem Rawat
- Bright Side: How Optimists Change the World, and How You Can Be One** by Sumit Paul-Choudhury
- David Kibbe's Power of Style: A Guided Journey to Help You Discover Your Authentic Style** by David Kibbe
- How to Be Enough: Self-Acceptance for Self-Critics and Perfectionists** by Ellen Hendriksen
- New Loneliness: Nurturing Meaningful Connections When You Feel Isolated** by Cindi McMenamin
- Ready, Set, Slow: How to Improve Your Energy, Health, and Relationships Through the Power of Slow** by Lee Holden
- Talk: The Science of Conversation and the Art of Being Ourselves** by Alison Wood Brooks
- Tidy Up Your Life: Rethinking How to Organize, Declutter, and Make Space for What Matters Most** by Tyler Moore
- Trauma of Burnout: How to Manage Your Nervous System Before It Manages You** by Claire Plumbly
- Unhooked: Free Yourself from Addiction Forever** by Adi Jaffe
- What If You Are the Answer?: And 26 Other Questions That Just Might Change Your Life** by Rachel Hollis

## BIOGRAPHIES BEING PUBLISHED IN JANUARY 2025

- Black Panther Woman: The Political and Spiritual Life of Ericka Huggins** by Mary Frances Phillips
- Brooke Shields Is Not Allowed to Get Old: Thoughts on Aging as a Woman** by Brooke Shields
- Cold Kitchen: A Year of Culinary Travels** by Caroline Eden
- Dirtbag Queen** by Andy Corren
- El Cid: The Life and Afterlife of a Medieval Mercenary** by Nora Berend
- First and Last King of Haiti: The Rise and Fall of Henry Christophe** by Marlene L. Daut
- Gloomy Girl Variety Show: A Memoir** by Freda Epum
- Inherited Mind: A Story of Family, Hope, and the Genetics of Mental Illness** by James Longman
- Motherload: Episodes from the Brink of Motherhood** by Sarah Hoover
- This Changes Everything: A Surprisingly Funny Story about Race, Cancer, Faith, and Other Things We Don't Talk About** by Tyler Merritt
- Woman Who Knew Everyone: The Power of Perle Mesta, Washington's Most Famous Hostess** by Meryl Gordon
- You'll Never Believe Me: A Life of Lies, Second Tries, and Things I Should Only Tell My Therapist** by Kari Ferrel



Turn page over for more titles – titles may be available in other formats, such as large print, eBook, and audiobook. Please click the [catalog link here](#) or ask a librarian.